



Play Sufficiency Assessment Toolkit – Tool 12

This tool provides a list of questions which may be used when seeking children's views on school play / break times.

School playtime questions for children aged: (insert age range)

1. Thinking about play/ break time at school, which of the following do you have in a normal school day?

- A break during the morning
- A long break during lunchtime
- A break during the afternoon after lunch

2. How do you feel about play / break time?

- I love it
- I like it
- I don't mind it
- I don't like it
- I hate it

3. What, if anything, do you especially like about play / break time?

Please select all that apply

- Attending a school club
- Being with my friends
- Choosing what I want to do
- Doing some exercise / running around
- Eating and drinking
- Having fresh air
- Playing games
- Relaxing after lessons
- Don't know
- Nothing
- Other (write in):

4. What, if anything, do you especially not like about play / break time?

Please select all that apply

- Ball games get in the way
- Fun games are not allowed
- I feel lonely
- Some pupils behave badly
- There isn't enough time to eat
- There's nowhere to go in bad weather
- There's not enough space
- There's nothing to do
- Don't know
- Nothing
- Other (write in):

5. Do you think the break you have at lunchtime is...?

- Too short and should be longer
- About the right length
- Too long and should be shorter
- Don't know

6. How often have you missed all or some of your play / break time?

- More than once a week
- Once a week
- A few times a month
- Less often
- Never
- Don't know

7. Why did you miss all or some of your play / break time?

- The teacher thought I misbehaved in class
- The teacher thought I misbehaved during break time
- To catch up with class/homework
- To attend a school club
- Don't know
- Other (write in):