

Contact details for accessing school and community-based counselling

Local Authority	Web link
Anglesey	https://adyach.cymru/en/Parents/Services/Inclusion/Counselling/Counselling.aspx
Blaenau Gwent	https://www.blaenau-gwent.gov.uk/en/resident/schools-learning/youth-services/counselling/
Bridgend	https://www.bridgend.gov.uk/my-council/council-priorities-and-performance/coronavirus-covid-19-latest-information-and-advice/counselling-service-for-young-people/
Caerphilly	https://www.caerphilly.gov.uk/schoolcounselling
Cardiff	www.kooth.com
Carmarthenshire	www.area43.co.uk/referrals www.area43.co.uk/cy/cyfeirio
Ceredigion	www.area43.co.uk/referrals www.area43.co.uk/cy/cyfeirio
Conwy	conwynadvice5@hwbcymru.net
Denbighshire	https://www.denbighshire.gov.uk/en/resident/education/education-counselling/children-and-young-persons-counselling.aspx
Flintshire	https://www.flintshire.gov.uk/en/PDFFiles/Lifelong-Learning/Schools/Help4YP/Young-Peoples-Counselling-Service.pdf
Gwynedd	https://adyach.cymru/en/Parents/Services/Inclusion/Counselling/Counselling.aspx
Merthyr Tydfil	https://www.exchange-counselling.com/#sidr
Monmouthshire	facetoface@monmouthshire.gov.uk
Neath Port Talbot	http://www.npted.org/jigsaw/Pages/default.aspx
Newport	https://www.talkingzone.co.uk/
Pembrokeshire	www.pembrokeshire.gov.uk/specialist-services-and-provision/school-counselling
Powys	www.koothf2f.com
RCT	https://www.eyetoeye.wales/
Swansea	https://www.exchange-counselling.com/contact_us
Torfaen	https://www.facebook.com/Torfaen-Young-Peoples-Counselling-Service-109172984050900/
Vale of Glamorgan	https://www.barnardos.org.uk/what-we-do/services/vale-school-and-community-based-counselling-service
Wrexham	http://youngwrexham.co.uk/info/mental-health/counselling-2/

