To register your decision or find out more:
Visit: www.gov.wales/organ-donation-guide or
Call: 0300 123 23 23.
(Calls to this phone line will be answered by the
NHS Blood and Transplant Service)
**What is organ donation?**
Lots of people in Wales and the UK are waiting for a new organ as their own have stopped working properly and they need an organ transplant.

When we die we might be able to give our organs to help someone who needs a transplant. Transplants can save or transform the lives of other people.

**The organ donation system in Wales** makes it easier for people to become donors. You can register your decision on the NHS Organ Donor Register, tell family your decision or choose to do nothing. If you choose to do nothing, you will be treated as having no objection to becoming an organ donor and your consent will be deemed. Telling your family your decision helps them if you die in a way where donation is an option. When approached, your family will know your organ donation decision and be able to honour that decision.

But if you don’t register a decision (opt in or out) on the NHS Organ Donor Register or tell your family, then you will be treated as having no objection to being a donor. This is known as deemed consent.

You can ‘appoint a representative’ if you wish. This means that you can ask a friend, family member or religious leader to make the decision for you. To find out how to do this, visit: [www.gov.wales/organ-donation-guide](http://www.gov.wales/organ-donation-guide)

Sarah – Specialist Nurse in Organ Donation (SNOD):
“**My advice is be clear, be honest and make your decision known to all key members in your life so that your choice is respected.**”
The organ donation system applies to all.

The NHS Organ Donor Register is checked for everyone who dies and could donate their organs. If no registration is found, family will be approached, to find out if the person had made an organ donation decision. If no decision has been made and the person is:

- over 18 and
- has chosen to live in Wales for over 12 months and
- died in Wales and
- capable of understanding organ donation, then their consent will be deemed and they will become an organ donor.

If it became possible for you to donate, your family or friends would always be involved. Families or friends need to answer important questions about your medical history and confirm that you normally lived in Wales. If they knew your organ donation decision they would be able to tell the healthcare professionals.

If family or appointed representatives cannot be contacted, donation would not go ahead.

If you have already registered your decision on the NHS Organ Donor Register, you need to tell your family and friends so that they’re aware of your decision.

You can change your decision at any time on our website or by calling the helpline.

Find out more