

Learning Disability – Improving Lives Programme

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Welsh Government

Improving lives - Structure

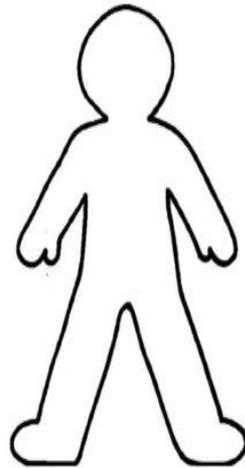
Internal Oversight Board

Learning Disability Advisory Group External

Policy Leads

Stakeholder Groups

PERSON CENTRED LIFECOURSE



Social Services Well-being Act & Well-being of Future Generations Act

Children & Early Years

Housing

Social Care

Health & Wellbeing

Education, Skills and Employment

Definition / Data

Welsh Language

Funding

Transport

Workforce

Regulation/ Inspection/ Assurance

Standards/ Monitoring

Commissioning/collaboration

Key Services

Enablers

Criminal Justice System

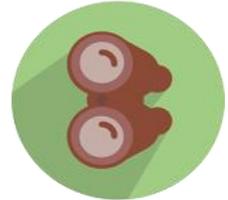
Premature Death

Homelessness

Ways of Working

**Well-being of Future
Generations Act**

Long term



Integration



Prevention



Collaboration



Involvement



Early Years/Children

| Desired Outcome | Recommendation |
|---|---|
| <p>To improve people's life chances, through building on the team around the family approach, with the aim of reducing the number and impact of Adverse childhood Experiences (<u>ACEs</u>) experienced by children, including those with a learning disability.</p> | <p>Through the ongoing work of the ACE hub ensure professionals working with families with a learning disability are ACE aware and use this understanding to build on the team around the family approach.</p> |
| <p><u>Looked after children</u> – to improve the outcomes of parents with a LD and their children to ensure a good quality of life.</p> | <p>To understand the reasons behind children being taken into care through the current research underway. The adoption of appropriate alternative solutions to increase the support of families through e.g. shared lives and parenting groups.</p> |
| <p>To ensure there is adequate <u>childcare and short break</u> solutions for children with a learning disability to enable families to live an ordinary life including going to work where possible.</p> | <p>To increase the range of options for short break support through e.g. local authorities agreeing creative uses of direct payments . To evaluate the early implementation of the childcare offer, including the possible impact on the demand for, and availability of, childcare for children with additional learning needs.</p> |
| <p>To reduce inappropriate use of medication and restraint through increasing the use of a range of evidence based interventions for example <u>Positive Behavioural Support</u> and <u>active support</u> to ensure early intervention of challenging behaviour and prevention where possible.</p> | <p>Implementation of evidence based interventions e.g. PBS and active support training programmes and awareness sessions across services and the lifespan . Starting with guidance for children and parents and carers and linking to the ACE awareness training and learning from the English STOMP (STop Over Medicating People) programme.</p> |

Housing

| Desired Outcome | Recommendation |
|--|---|
| <p>To ensure there is choice of appropriate housing solutions integrated in communities for young people as well adults to ensure everyone has access to a decent, sustainable home, wherever possible.</p> | <p>To increase <u>new supported housing options</u> in the community across the lifespan through the targeted 20,000 homes agenda, working with LAs and RSLs.</p> |
| <p>To provide accessible and integrated social care, health and housing options and services for vulnerable people especially those with a learning disability.</p> | <p>To develop <u>integrated housing, health, social care models & guidance</u> learning from previous examples that provide accessible services for vulnerable people especially those with a learning disability. Utilising part of the potentially expanded Integrated capital and revenue care fund.</p> |
| <p>Build capacity within local services and preventative approaches to ensure people are housed in their community and to progress the repatriation agenda for those with complex needs.</p> | <p><u>Increasing accommodation options closer to home, in one place,</u> through working collaboratively with health boards, LAs, housing providers and Third sector social care providers .</p> |
| <p>To ensure housing funding solutions to sustain <u>housing tenancy support</u> and to reduce the number of <u>homeless people</u> with a learning disability through the prevention agenda to ensure a good quality of life.</p> | <p>Commission research on homelessness and learning disability and then take appropriate actions including housing options for those people who are living in assessment and treatment centres, in the criminal justice system and other inappropriate housing settings.</p> |

Social Care

| Desired Outcome | Recommendation |
|--|---|
| <p>To ensure value for money, consistency and streamlined services through <u>integrating health and social care</u> processes, funding and systems for people with a learning disability.</p> | <p>To enable a person centred approach through developing models of funding to enable joint packages of care through social care funding and health care funding to prevent delayed transfers of care and inappropriate placements/ accommodation.</p> |
| <p>To ensure a person centred flexible approach to commissioning housing and support services that meets individual needs , prevents stigma and provides value for money outcomes.</p> | <p>To make <u>improvements to commissioning</u> moving from a contractual procurement model to a more innovative flexible person centred approach. Including potentials for a regional model for eg forensic services and more strategic planning, monitoring and evaluation.</p> |
| <p>A sufficient, high-quality, valued and skilled social care and health workforce to ensure excellent standards of care.</p> | <p>To work with Social Care Wales and Health Education Improvement Wales (when established in April 18) to ensure social care and health strategic workforce plans that include career pathways, progression and learning.</p> |
| <p>To ensure appropriate levels of services and support in residential care settings to enhance quality of life and progression where possible.</p> | <p>To ensure everyone has a care and support plan with agreed periodic reviews and follow up action, to ensure close monitoring to ensure progressive care is delivered.</p> |

Health and Wellbeing

| Desired Outcome | Recommendation |
|---|--|
| <p>To reduce health inequalities for people with a learning disability and reduce avoidable and premature deaths through early intervention , prevention & accessible services.</p> | <p><u>Primary care</u> – Improve the take up and quality of annual health checks to monitor & identify health needs . To ensure traffic light systems/ health passports are put in place and the health equalities framework. To work towards one GP register that captures population health needs.</p> |
| <p>To improve secondary care services and diagnostic overshadowing to reduce health inequalities , premature and avoidable deaths.</p> | <p><u>Secondary care</u> – To ensure reasonable adjustments are made for people with a learning disability through using care bundles, having LD champions, system flagging and increasing the number of learning disability liaison nurses across Wales.</p> |
| <p>To increase wellbeing, community engagement and quality of life for people with a learning disability.</p> | <p>Local authorities, health boards and the third sector to collaborate to build upon wellbeing assessments and social prescribing models which more systematically signpost people to a range of non clinical wellbeing support to enable access to leisure, sport and culture for instance.</p> |
| <p>Meeting specialist health care needs throughout the lifespan to ensure a good quality of life.</p> | <p>To ensure that people with complex needs have timely and easy access to LD specialist services through maintaining multi disciplinary teams, reviewing health's bed placed provision and developing appropriate care services, eg trauma informed care, PBS, mental health and out of hours access .</p> |

Education, Skills and Employment

| Desired Outcome | Recommendation |
|---|--|
| <p>To join up services between education, social services and health to enable person centred support</p> | <p>Ensure there is a <u>champion</u> for the rights of children and young people with ALN and Learning Disability in schools and health through the ALN -Code's guidance on the role of the ALN Coordinator and DECLO, including their roles in supporting effective <u>multi-agency working</u>. Implement the specialist and mainstream school nursing framework.</p> |
| <p>To plan and provide opportunities for young people with a learning disability to ensure they have a good quality of life</p> | <p>Provide guidance on effective multi-agency planning to support a smooth <u>transition from 14 -25 years old</u> through the ALN code. To provide operational and joined up solutions to reduce the trauma of transition including offering employment, skills and housing.</p> |
| <p>Ensure there is adequate specialist support provided across Wales to meet more complex needs in education, skills and employment</p> | <p>Put <u>learners at the centre of services</u> through regional planning for specialist support e.g. hearing and sensory loss services</p> |
| <p>Increase planning and opportunities for people with a LD through strengthening of <u>career pathways</u> .</p> | <p>Explore options for individuals with a learning disability to access employability support, including through the new <u>Working Wales Programme</u>. Explore possibility of introducing <u>supported paid work placements</u> into Wales and disseminate good practice.</p> |

Key Enabler Recommendations

| Desired Outcome | Recommendation |
|--|---|
| To have the information needed to be able to plan services to accurately and appropriately to meet the needs of people with a learning disability. | Definition/Data - need to consider options of a data observatory for Learning Disability services - learning from England and Scotland |
| The voice and needs of people with a learning disability and their families and carers is listened to and acted upon across public services. | Regulation/Inspection/assurance - need to work with the regulators to strengthen the voice and empowerment of people with a LD and families and carers |
| To ensure when standards are set in services and outcomes monitored and evaluated, the needs of people with a learning disability are considered. | Standards, monitoring and evaluation – need to ensure appropriate standards and monitoring are in place. |
| Transport services are designed to meet the needs of people with a learning disability wherever possible. | Transport – ensure action through the transport panel for vulnerable people to enable accessible services appropriate to the needs of people with a learning disability |

Key potential priorities

- Health in equalities – primary and secondary care
- Community integration, being able to have an ordinary life – including housing, social care, education, employment and skills for example.
- To consider national, regional and local roles and responsibilities collaboratively. (For example working with regional boards to unlock barriers)
- To understand the definition and data requirements and needs to enable strategic and operational planning and needs based funding

Implementation

- Need a radical approach to working differently
- Need a high profile programme – Learning Disability - Improving Lives Programme
- Move directly to a co-produced implementation phase
- Engage with existing groups where ever possible, e.g., Regional Partnership Boards
- Formally consult on new ideas/policies/funding when required