GUIDANCE

Rules for foreign travel to and from Wales: coronavirus (COVID-19)

Explains what you must do if you are travelling to or from Wales.

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The Health Protection (Coronavirus, International Travel) (Wales) Regulations
2020 ("the Travel Regulations") introduced certain requirements for persons entering Wales to reduce the risk of imported infections.

The law in Wales may differ to the law applicable in other parts of the UK. This guidance is applicable to anyone who arrives in Wales who has been outside of the Common Travel Area (UK, Ireland, the Channel Islands and the Isle of Man) in the 10 days before arrival.

The Travel Regulations are subject to a formal review every 28 days. However, changes may be made more frequently, especially in relation to the removal of countries from the list of exempt countries and territories. It is advisable to check the latest position before departure on both the outward and return journeys.

From 04:00 on Monday 18 January, all exempt countries and territories (travel corridors) have been suspended. Anyone arriving in Wales from outside the Common Travel Area after 4am on Monday 18 January will need to isolate for 10 days.

From 15 February 2021, there is no direct arrival into Wales from travellers who have been in a country on the 'red list'.

**Background**

The Travel Regulations were introduced on 8 June 2020 and required persons arriving in Wales who have been in a country outside the Common Travel Area (UK, Ireland, the Channel Islands and the Isle of Man) at any point during the 10 days before arrival to isolate for up to 10 days, subject to a number of exemptions.

The Travel Regulations have been amended on a number of occasions, most notably to introduce travel corridor exemptions for person travelling from some countries and territories. The list of exempted countries and territories sets out those countries from which persons arriving in Wales do not need to isolate.
Travellers arriving in Wales from elsewhere within the UK

If you are arriving in Wales from within the UK (England, Scotland or Northern Ireland) and have not been outside the Common Travel Area (Ireland, Isle of Man or the Channel Islands) in the 10 days before entering Wales, you will not need to complete a passenger locator form to provide your journey or contact details or isolate.

Travellers arriving in Wales from within the Common Travel Area

If you are arriving in Wales from the Republic of Ireland, the Channel Islands or the Isle of Man and have not been outside the Common Travel Area in the 10 days before entering Wales you will not need to provide your journey and contact details by completing a passenger locator form or isolate.

You can show details of recent travel into the CTA, such as a boarding pass or itinerary, to help confirm when you entered the CTA and how long you have spent in the CTA in total.

Travellers arriving in Wales from a red list country

From 15 February you cannot travel directly to Wales if you’ve visited or passed through a country where travel to the UK is banned in the last 10 days. These banned counties are often called ‘red list’ (countries where new variant covid strains have been found).

You will only be able to enter the Wales from ‘red list’ countries via a designated port of entry in England or Scotland and isolate for 10 days in a nearby managed quarantine hotel. There are no designated ports of entry in Wales.

You will need to:
• Provide your journey and contact details by completing a passenger locator form.
  (This can be done electronically prior to arriving in Wales and you may be requested to present these details at your point of arrival.)
• Have proof of a negative coronavirus (COVID-19) test, taken no more than 72 hours before departure (Pre Departure Test – PDT)
• Quarantine for 10 days in a managed quarantine hotel.
• Take a coronavirus (COVID-19) test on or before day 2 and on or after day 8 of quarantining (Everyone aged 5 and above).

Both the managed quarantine and testing must be pre-booked before arrival via the UK booking site.

You will not be able to transit to Wales until you have completed quarantine.

This applies to all travellers intending to travel to Wales.

If you are arriving from elsewhere in the UK having been in a red list country or territory in the last 10 days, you are not required to submit another passenger locator form when you arrive in Wales as this will have already been submitted upon arrival in the UK.

Should your address or contact details change whilst you are in managed quarantine then you must update this as and when required by submitting a new passenger locator form.

There are some exemptions from certain travelling requirements for specific categories of people (see below).

**Travellers arriving in Wales from an amber list country**

Amber list countries and territories are places that are not in the Common Travel Area, not on the red list of countries and not on the green list of countries. If you are arriving in Wales from an amber list country or territory or you have been in an amber list country or territory and you have not been in a
red list country or territory at any time in the 10 days before entering Wales:

• You will need to provide your journey and contact details by completing a passenger locator form. (This can be done electronically prior to arriving in Wales and you may be requested to present these details at your point of arrival.)
• You must have proof of a negative coronavirus (COVID-19) test for all travellers aged 11 or above, taken no more than 72 hours before departure (Pre Departure Test – PDT)
• Pre-booked a testing package for all travellers aged 5 and above for COVID-19 testing at Day 2 and Day 8 following your arrival
• You will need to isolate for up to 10 days.

This applies to both visitors and UK residents.

If you are arriving from elsewhere in the UK having been in an amber list country in the last 10 days, you are not required to submit another passenger locator form when you arrive in Wales as this will have already been submitted before your arrival in the UK.

Should your address or contact details change whilst you are in Wales then you must update this as and when required by submitting a new passenger locator form (on GOV.UK).

There are some exemptions from certain travelling requirements for specific categories of people (see below).

**How long must you isolate for**

Please note: References in this guidance to the 10 day isolation period should be read as the period for which you are required to isolate depending on your specific circumstances.

If you arrive in Wales directly from an amber list country or territory, you are required to isolate for a period of 10 days on arrival in Wales.

If you travel to Wales from within the CTA but have been in or transited through
an amber country or territory in the 10 days before your arrival in Wales, you will need to isolate in Wales for the remainder for the 10 day period.

The isolation period starts on the day after you last left an amber country or territory and ends at 23:59 on the 10th day from that date.

Example, if you left an amber country on the 5th of the month your period of isolation will end at 23:59 on the 15th. You would be able to go out on the 16th.

Example, if you left an amber country on the 8th of the month and then travelled within the CTA before arriving in Wales on the 11th you would have to isolate in Wales from your arrival on the 11th to 23:59 on the 18th. You would be able to go out on the 19th.

Negative tests do not avoid or reduce the period of isolation. Tests taken abroad to meet requirements in other countries do not avoid or reduce the period of isolation required when you arrive in Wales. This includes the requirement to have a negative test within 72 hours prior to departure.

There is no Test To Release Scheme in Wales so negative tests taken in England do not avoid or reduce the period of isolation required in Wales.

Short visit – if you are required to isolate and you are staying in Wales for less than 10 days then you must remain in isolation for the whole time you are here.

The isolation period may change depending on the results of your post-arrival tests taken on Day 2 and Day 8.

What you must do when you are isolating is explained in this guidance

**Travellers arriving in Wales from a green list country**

If you are arriving in Wales from a green list country or territory and you have not been in a red list or amber list country or territory at any time in the 10 days
before entering Wales:

You will need to:

• Provide your journey and contact details by completing a passenger locator form
  (This can be done electronically prior to arriving in Wales and you may be requested to present these details at your point of arrival)
• Have proof of a negative coronavirus (COVID-19) test for all travellers aged 11 or above, taken no more than 72 hours before departure (Pre Departure Test – PDT)
• Take a coronavirus (COVID-19) test on or before day 2 (Everyone aged 5 and above)

The coronavirus (COVID-19) test must be pre-booked before arrival via the UK booking site.

This applies to all travellers intending to travel to Wales.

There are some exemptions from certain travelling requirements for specific categories of people (see below).

**Red, amber and green list countries and territories**

These lists may change with countries and territories being added or removed following Welsh Ministers decisions on the potential health risks of travellers arriving from those destinations.

You must check the list of exempt countries and territories before departure on both the outward and return journeys.

**Red list of countries and territories**

• Angola
• Argentina
• Bangladesh
• Bolivia
• Botswana
• Brazil
• Burundi
• Cape Verde
• Chile
• Colombia
• Congo (Democratic Republic)
• Ecuador
• Eswatini
• Ethiopia
• French Guiana
• Guyana
• India
• Kenya
• Lesotho
• Malawi
• Maldives: moved to the red list 4am, Wednesday 12 May. If you arrive in Wales after then, you need to follow the red list rules.
• Mozambique
• Namibia
• Nepal: moved to the red list 4am, Wednesday 12 May. If you arrive in Wales after then, you need to follow the red list rules.
• Oman
• Pakistan
• Panama
• Paraguay
• Peru
• Philippines
• Qatar
• Rwanda
• Seychelles
• Somalia
• South Africa
• Suriname
• Tanzania
• Turkey: moved to the red list 4am, Wednesday 12 May. If you arrive in Wales after then, you need to follow the red list rules.
• United Arab Emirates (UAE)
• Uruguay
• Venezuela
• Zambia
• Zimbabwe

Amber list of countries and territories

• Afghanistan
• Akrotiri and Dhekelia
• Albania
• Algeria
• Andorra
• Anguilla
• Antigua and Barbuda
• Armenia
• Aruba
• Australia: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• Austria
• Azerbaijan
• The Bahamas
• Bahrain
• Barbados
• Belarus
• Belgium
• Belize
• Benin
• Bermuda
• Bhutan
• Bonaire, Sint Eustatius and Saba
• Bosnia and Herzegovina
• British Antarctic Territory
• British Indian Ocean Territory
• British Virgin Islands
• Brunei: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• Bulgaria
• Burkina Faso
• Cambodia
• Cameroon
• Canada
• Cayman Islands
• Central African Republic
• Chad
• China
• Comoros
• Congo
• Cook Islands
• Costa Rica
• Côte d'Ivoire
• Croatia
• Cuba
• Curaçao
• Cyprus
• Czech Republic (Czechia)
• Denmark
• Djibouti
• Dominica
• Dominican Republic
• Egypt
• El Salvador
• Equatorial Guinea
• Eritrea
• Estonia
• Falkland Islands: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• Faroe Islands: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• Fiji
• Finland
• France
• French Polynesia
• Gabon
• The Gambia
• Georgia
• Germany
• Ghana
• Gibraltar: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• Greece (including islands)
• Greenland
• Grenada
• Guadeloupe
• Guatemala
• Guinea
• Guinea-Bissau
• Haiti
• Honduras
• Hong Kong
• Hungary
• Iceland: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• Indonesia
• Iran
• Iraq
• Israel and Jerusalem: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• Italy
• Jamaica
• Japan
• Jordan
• Kazakhstan
• Kiribati
• Kosovo
• Kuwait
• Kyrgyzstan
• Laos
• Latvia
• Lebanon
• Liberia
• Libya
• Liechtenstein
• Lithuania
• Luxembourg
• Macao
• Madagascar
• Malaysia
• Mali
• Malta
• Marshall Islands
• Martinique
• Mauritania
• Mauritius
• Mayotte
• Mexico
• Micronesia
• Moldova
• Monaco
• Mongolia
• Montenegro
• Montserrat
• Morocco
• Myanmar (Burma)
• Nauru
• Netherlands
• New Caledonia
• New Zealand: will move from amber to green list 6am, Monday 17 May. If
you arrive in Wales before then, you need to follow the amber list rules.
• Nicaragua
• Niger
• Nigeria
• North Korea
• North Macedonia
• Norway
• The Occupied Palestinian Territories
• Palau
• Papua New Guinea
• Pitcairn, Henderson, Ducie and Oeno Islands
• Poland
• Portugal (including the Azores and Madeira): Subject to the regulations being made, Portugal will be rated amber from 04:00 on Tuesday 8 June so returning travellers will need to isolate for 10 days and take two PCR tests on days 2 and 8.
• Réunion
• Romania
• Russia
• Samoa
• San Marino
• Sao Tome and Principe
• Saudi Arabia
• Senegal
• Serbia
• Sierra Leone
• Singapore: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• Slovakia
• Slovenia
• Solomon Islands
• South Georgia and South Sandwich Islands: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• South Korea
• South Sudan
• Spain (including the Balearics and Canary Islands)
• Sri Lanka
• St Helena, Ascension and Tristan da Cunha: will move from amber to green list 6am, Monday 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
• St Kitts and Nevis
• St Lucia
• St Martin and St Barthélemy
• St Vincent and the Grenadines
• Sudan
• Sweden
• Switzerland
• Syria
• Taiwan
• Tajikistan
• Thailand
• Timor-Leste
• Togo
• Tonga
• Trinidad and Tobago
• Tunisia
• Turkmenistan
• Turks and Caicos Islands
• Tuvalu
• Uganda
• Ukraine
• United States (USA)
• Uzbekistan
• Vanuatu
• Vietnam
• Wallis and Futuna
• Western Sahara
• Yemen

The amber list is not exhaustive. If a country or territory is not on this list, you should not assume that it is a green or red list country or territory. Countries and
 territories are only green or red if they appear on the green or red list.

Green list of countries and territories

- Australia: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- Brunei: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- Falkland Islands: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- Faroe Islands: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- Gibraltar: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- Iceland: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- Israel and Jerusalem: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- New Zealand: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- Portugal (including the Azores and Madeira): Subject to the regulations being made, Portugal will be rated amber from 04:00 on Tuesday 8 June so returning travellers will need to isolate for 10 days and take two PCR tests on days 2 and 8.
- Singapore: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- South Georgia and South Sandwich Islands: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
- St Helena, Ascension and Tristan da Cunha: will move to green from the amber list at 6am, 17 May. If you arrive in Wales before then, you need to follow the amber list rules.
Updates to the red, amber and green lists

The Welsh Ministers are keeping the list of red, amber and green list countries and territories under review. For example, if the public health situation in a country or territory worsens, we may reintroduce isolation requirements.

Travellers going abroad from Wales

International travel will restart from Monday 17 May. Before you travel you must consult the requirements for visitors for the country you plan to travel to. Restrictions may be in place, including proof of vaccination, tests, quarantine and reasons for entry.

The Foreign, Commonwealth and Development Office (FCDO) provide general guidance for British people travelling abroad (on GOV.UK) during the coronavirus pandemic, if they are legally permitted to travel under current Wales or UK COVID-19 restrictions.

Also FCDO provide foreign travel advice about travelling abroad, including the latest information on coronavirus, safety and security, entry requirements and travel warnings. This includes advice and information about entry requirements such as covid tests and isolation for countries that you intend to visit (on GOV.UK).

FCDO travel advice about going to a country is based on risks to the traveller whilst in the country which is different from the risks of imported infection in Wales or the UK from returning travellers.

Please be aware that requirements for outbound travel will be different from the requirements for inbound travel and both may change at short notice. It is advisable to check the latest up to date guidance before travel.

If you have travelled from an ‘amber list’ or ‘red list’ country (where it is permitted for you to enter Wales) for a short visit and you are required to isolate whilst you are here you may leave isolation to return to that country.
From Monday 24 May, a **paper-based vaccination status** will be available for people in Wales who have had two doses of vaccination and are travelling to a country that requires covid vaccination proof.

If it is necessary to show a negative test before you can travel those must not be NHS tests instead you must **book and pay for tests from a private test provider (on GOV.UK)**.

**Transit stops in red or amber list countries**

When you arrive in Wales you need to follow the rules for the highest risk country or territory that you have been in or passed through in the previous 10 days. That can include transit stops.

A transit stop is a stop where passengers can get on or off the same part of the transport in which you are travelling. It can apply to ships, trains or flights. Your ticket should show if a stop is a transit stop.

The rules for a country or territory that you make a transit stop in could apply if:

- new passengers get on and are able to mix with you
- you or other passengers get off the transport you are on and mix with other people, then get on again

Making a transit stop would not affect what you have to do on arrival in Wales if during the stop:

- no new passengers, who are able to mix with you, get on
- no-one on-board gets off and mixes with people outside
- passengers get off but do not get back on

**Private vehicles or coaches travelling through amber or red list countries and territories**

If you travel by private vehicle through an amber list country or territory and
arrive in Wales then you are required to isolate, even if you did not stop and get out of the vehicle during that journey.

You need to record the countries and territories you drive through on your **passenger locator form**.

If you travel by private vehicle through a red list country or territory you are not allowed to enter Wales you must isolate for 10 days at a managed quarantine hotel in England before you can complete your journey.

**Categories of persons exempt or excepted from specific travelling requirements**

Some people travelling for work purposes are exempt from specific travel requirements.

One of the key principles of the sectoral categories is the person should be travelling for the purposes of working here in Wales shortly after arrival. A person who has worked abroad should be doing the same type of work on return to Wales. The person must be travelling only for work purposes and not for other reasons such as coming home on leave. For example an oil rig worker who has worked abroad and returns to Wales to continue working may be excused some or all of the travel requirements but the same person travelling to Wales at the end of a shift would be required to isolate.

Responsibility for interpretation of sectoral categories rests with the person who declares on the passenger locator form that an exemption or exception applies to them in their particular circumstances. This can be supported by documents provided by the person’s employer or the company they will be doing work for after arriving in Wales.

Read more about **job exemptions** to see if they apply to you.
Elite sports people and support staff

Elite athletes and support staff, habitually resident in the UK, returning to Wales after competing abroad do have to isolate but they are allowed to leave isolation to train or compete in their sport.

Sports competitors and support staff coming to Wales to compete in specific events do have to isolate but they are allowed to leave isolation to train or compete in their sport.

You will need to provide your journey and contact details.

The specified sporting events are:

1. An event at which any of the participants compete:
   1. to qualify, or
   2. as part of a selection process, for the Olympics, Paralympics or Commonwealth Games.

Specified sporting events

- Aintree Grand National Meeting horse-racing
- All-Weather Finals Day horse-racing
- Badminton Horse Trials
- Betfair Hurdle Day horse-racing
- Betfred Super League Rugby Football League Fixtures
- Billie Jean King Cup Play-offs by BNP Paribas - Great Britain v Mexico
- Bolesworth International Horse Show
- Boxing Road to Tokyo
- British Athletics – 20km Race Walk Olympic Trial
- British Dressage - Keysoe International
- British Equestrian – International Dressage Events
- British Eventing Elite Pathway Events
- British Para Athletics Sprint Meet
- British Para Swimming International Meet
• British Showjumping’s Winter Classic series qualifiers
• British Speedway Premiership, Championship and National Development Leagues
• British Swimming International Meet
• British Wrestling – Home Nations Invitational Tournament
• Burnham Market International
• Cage Warriors 120
• Cage Warriors 121
• Cage Warriors Trilogy Series
• Challenger Series Finals Day horse-racing
• Cheltenham April Meeting horse-racing
• Classic Trial Day & Jumps Finale Day horse-racing
• Craven Meeting horse-racing
• Curling Euro Super Series
• England & Wales Cricket Board – T20 Blast
• England & Wales Cricket Board – The Rachael Heyhoe Flint Trophy
• England & Wales Cricket Board International Cricket Fixtures
• England Hockey Pro League
• European Professional Club Rugby Fixtures
• European Tour – Betfred British Masters
• FIA World Endurance Championship Prologue and Round 1 Silverstone
• FIH Pro League Hockey Fixtures
• FIM Speedway Grand Prix World Championship – Qualifying Round
• Football Association International Fixtures
• GB Taekwondo Fight Night I – International Taekwondo, Para Taekwondo and Karate Event
• GB Taekwondo Fight Night II – International Taekwondo, Para Taekwondo and Karate Event
• GB Taekwondo Olympic and Paralympic Test Matches
• Greenham Meeting horse-racing
• Guinness PRO14 Rugby Football Union Fixtures
• Hennessy Sports – International Boxing Championship Matches
• Imperial Cup meeting horse-racing
• International Boxing - Dennis Hobson Promotions
• International Boxing Championship Matches – MTK Promotions
• International Championship Boxing – Queensberry Promotions
• Lincoln Handicap meeting horse-racing
• LTA Loughborough Indoor Wheelchair Tennis Tournament
• Manchester Squash Open 2021
• Matchroom – Boxing Championship Matches
• Matchroom - Championship League Pool
• Matchroom – Championship League Snooker Tournament
• Matchroom – World Pool Championship
• Matchroom - World Pool Masters
• Midlands National meeting horse-racing
• Modern Pentathlon Test Event
• Motorsport UK – British GT Championship and Support Series / Porsche Sprint Challenge GB and Support Series
• Motorsport UK – British Kart Championships
• Motorsport UK – British Rallycross Championship and Support Championship
• Motorsport UK – British Superkart Championship and Support Series
• Motorsport UK – British Touring Car Championship and Support Series
• Motorsport UK – British Truck Racing Championship
• Motorsport UK – Donington Historic Festival
• Motorsport UK – Ferrari Challenge UK and Support
• Motorsport UK – FIA Main Event 2021 and Support Series
• Motorsport UK – GT World Challenge Europe Sprint Cup and Support Series
• Motorsport UK – HSCC Formula 2 Championship Masters Historic Race Weekend
• Motorsport UK – Masters Historic F1 / Sports Cars and Support Series
• Olympic, Paralympic and Commonwealth Games Qualification Events
• Para Powerlifting World Cup
• Professional Darts Corporation - Challenge Tour
• Professional Darts Corporation - Development Tour
• Professional Darts Corporation – Players Championship
• Professional Darts Corporation - UK Open
• Professional Darts Corporation - Unibet Premier League
• Royal Windsor Horse Show
• Rugby Football Union International Fixtures
• Rugby League Betfred Championship
• Rugby League Challenge Cup

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• Scottish National Meeting horse-racing
• Super League Triathlon Arena Games London
• The Festival at Cheltenham horse-racing
• Track Cycling Nations Cup
• UEFA 2020 European Football Championship
• UEFA Champions League and UEFA Europa League Fixtures
• Vitality Big Half
• Wheelchair Rugby Quad Nations
• Women’s Invitational International Football Tournament (hosted by the FA)
• World Snooker Tour - Betfred World Championship (including qualifiers)
• World Snooker Tour - Gibraltar Open
• World Snooker Tour - Pro Tour Series
• World Snooker Tour - Tour Championship
• Yonex All England Open Badminton Championship
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