

# Stepping Stones

A good activity to get the school council representatives to recognise their strengths and abilities.

## Materials:

- Paper plates
- Markers

## How:

Give every school council member a stack of plates. Ask them to write down on the plates their own positive strengths, abilities or talents that they bring to the school council. They can write on as many plates as they want.

Ask them all to stand on one side of the room.

The group must use the plates as stepping-stones to the other side but they can only use plates that have positive things written on them.

At no point may anyone's feet touch the ground and if they need more plates then the group must work to recognise each other's strengths and write them on plates.

## Discussion points:

- Did the group think that any one person could have contributed enough plates to get over the river by themselves?
- Did anyone find it difficult to write down positive things about themselves?
- What strengths did others write that you didn't put down yourself?
- What strengths does the school council have as a group?