**Consultation Questions**

**Food and Nutrition for Older People Care Homes - Best Practice Guidance**

We wish to work with care home settings to help improve the quality of food and drink provision and to support them to meet the range of nutritional needs of their residents to optimise their heath and wellbeing outcomes.

**To this end we have included a number of questions to consider relating to the content of the document:**

Please note that the final resource will be web based and visual. We are consulting on the **written content** and the **proposed design**.

Please tick type of respondent

Care home provider

Care home Inspector

Health professional

Resident

Resident relative

Local Authority

Other (please state) …...........................................................................................

1. Do you agree that up to date food and nutrition best practice guidance is helpful to have in place?

Yes/No Please explain why

2. How do you feel about the layout of the sections, are they easy to read and follow ?

3. What would help to ensure these are easily accessible to you? (e.g. individual sections on the web, printer friendly)

4. How do you feel about the proposed design as shown for Section 2 and the Menus and Recipes

5. Thinking about each of the sections, do you feel there are:

a. any particular sections of information in the document which you disagree about?

b. any gaps in information which you think should be included?

c. any parts that are particularly helpful ?

6. Do you feel there are any particular issues or barriers which could prevent the successful implementation of the food and nutrition guidance?

If yes, please say what they are and how do you think these could be overcome?

7. What kind of training, support or resource would you like to see to help support the successful implementation of the best practice guidance?

8. How will you use it?

If you are a care home provider please answer questions 9 and 10

9. Do you think the food and meal standards, and recipes will be help you to plan meals, snacks, drinks and menus for the residents in your care?

Yes/No please explain how or why not

10. Do you currently provide food for residents who require modified texture diets?

Yes/No

If Yes, How many residents currently require modified texture diets, approximately ? If No, please go to the end

< 5

5 -10

11- 20

>20

11. Do you provide the IDDSI textures? (<https://iddsi.org/resources/>)

Yes/No

If Yes tick the ones you are able to provide, if No go to Q 12

IDDSI Level 7 Regular diet

IDDSI Level 7 Easy to chew

IDDSI Level 6 Soft and bite sized

IDDSI level 5 Minced and moist

IDDSI level 4 Pureed

IDDSI Level 3 Liquidised

Are any of these bought in? Yes/No If yes,say which

12. Describe the types of texture that you are able to provide

13. Does the IDDSI web site and APP provide you with all the information you require to implement it?

Yes/No

If no, what further information or support would you need?

Finally we would like to hear from care homes you if you would like to contribute any recipes to the planned Menus and Recipe section or examples of good practice to highlight in the guidance, please contact the lifestyle mailbox separately at [Lifestyles@gov.wales](mailto:Lifestyles@gov.wales)

Question 14: We would like to know your views on the effects that Food and Nutrition in Older People Care Homes – Best Practice Guidance would have on the Welsh language, specifically on opportunities for people to use Welsh and on treating the Welsh language no less favourably than English.

What effects do you think there would be? How could positive effects be increased, or negative effects be mitigated?

Question 15: Please also explain how you believe the proposed Food and Nutrition in Older People Care Homes – Best Practice Guidance could be formulated or changed so as to have positive effects or increased positive effects on opportunities for people to use the Welsh language and on treating the Welsh language no less favourably than the English language, and

no adverse effects on opportunities for people to use the Welsh language and on treating the Welsh language no less favourably than the English language.

We have asked a number of specific questions. If you have any related issues which we have not specifically addressed, please use this space to report them:

Please enter here:

Responses to consultations are likely to be made public, on the internet or in a report. If you would prefer your response to remain anonymous, please tick here: