www.ASDinfoWales.co.uk

National Autism Training Framework for Wales

This framework has been adapted from the NHS Education for Scotland Autism Training Framework. Optimising Outcomes, (November, 2014).

Llywodraeth Cymru
Welsh Government

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Iechyd Cyhoeddus
Cymru
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Wales

Autism Aware

Definition:

I am likely to work in a public facing role, but would only recognise if someone had autism if I was made aware.

Knowledge level needed:

- Lower level autism awareness

Core elements of learning/training:

How autism is defined and diagnosed
- Difficulties individuals may have accessing businesses/provision
- Basic adapting communication
- Providing extra help

Useful resources:

Can You See Me? scheme
www.ASDinfoWales.co.uk/can-you-see-me

ASD Aware Scheme
www.ASDinfoWales.co.uk/ASDaware

ASD Aware Organisation
www.ASDinfoWales.co.uk/asd-aware-organisations

Autism Informed

Definition:

I am likely to work in a role where, as part of my day-to-day work, individuals may present with possible features of autism although I may not be aware of it.

I may come across individuals with autism in my day-to-day work and may need to be able to identify when someone's responses or behaviours appear unusual and to adapt my own behaviour.

Knowledge level needed:

- Autism awareness

Core elements of learning/training:

Difference; disability; hidden disability; barriers to care

Core facts and features
- Individual profiles in autism
- Associated factors: sensory processing and sensory interventions

Associated factors
- Sensory processing
- Common co-occuring conditions
- Impact on individual/family and carers

Useful resources:

ASD Aware Scheme
www.ASDinfoWales.co.uk/ASDaware

ASD Aware Organisation
www.ASDinfoWales.co.uk/asd-aware-organisations

Autism Awareness for Leisure Providers
www.ASDinfoWales.co.uk/leisure-staff

Working with Autism
www.ASDinfoWales.co.uk/working-with-autism-scheme

Working with Autism HR Scheme
www.ASDinfoWales.co.uk/positive-about-working-with-autism-hr-scheme

Autism Skilled

Definition:

I work in a service where I may come across individuals with autism. My work may focus on specific aspects of the person, but I need to be able to identify possible autism to be able to adjust my practice.

I need to be aware of autism in order to adapt my practice and to refer on if I am unsure or need clarification on diagnosis, the person's support, management or intervention needs.

Knowledge level needed:

- Awareness of autism presentation
- Screening for autism
- Sensory Core adaptations to standard working practices and physical environments

Core elements of learning/training:

How autism is defined and diagnosed
- Screening for autism
- Co-occuring conditions and differential diagnosis
- Sensory sensitivities

Referral or signposting to more specialist services - pathway/seeking consultation/referral route

Intervention and support
- Adapted practice to accommodate core features, including communication and sensory issues
- Information-giving for individual, family and carers
- Confidentiality and consent to treatment
- Partnership work

Useful resources:

E-learning for Health and Social Care Professionals
www.ASDinfoWales.co.uk/asdaware-practitioner-children
www.ASDinfoWales.co.uk/asdaware-practitioner-adults

E-Learning for Dentists
www.ASDinfoWales.co.uk/videos-for-professionals

E-learning for GPs
www.ASDinfoWales.co.uk/videos-for-professionals

Learning with Autism –Early Years
www.ASDinfoWales.co.uk/early-years

Learning with Autism –Primary School
www.ASDinfoWales.co.uk/primary-school

Learning with Autism –Secondary School
www.ASDinfoWales.co.uk/secondary-school

Autism Enhanced

Definition:

As part of my role I may participate in team diagnostic assessments or conduct initial screening and assessment of individuals in my service for referral to specialist service for differential diagnosis or 2nd opinion.

I am likely to work in a team where, as part of my daily work, individuals are likely to present with possible features of autism.

In my regular management and intervention, I may need to consider that someone has autism and conduct initial screening and assessment so as to adapt my practice.

If it is a complex case, I may need to refer to a specialist service for a full assessment or obtain specialist supervision in my assessment.

Knowledge level needed:

- Screening and Diagnostic assessment of autism
- Differential diagnosis and co-occuring conditions; prevalence; trajectory; outcome

Core elements of learning/training:

How autism is defined and diagnosed
- Diagnostic systems and criteria
- Screening and diagnostic tools for autism
- Integrated assessments
- Outcome and signposting to more specialist services

Co-occuring conditions and differential diagnoses
- Associated factors: sensory processing
- Co-occurring conditions: neurodevelopmental, mental health conditions, medical conditions
- Impact on individual and family in relation to complex and co-occurring conditions

Intervention and support
- UK and Welsh guidelines for management, support and intervention
- Evidence-based intervention and support in relation to adapted working practices and physical environments
- Post diagnostic support for individuals, families and carers
- Person centred approaches
- Psycho-social interventions across the lifespan for core ASD symptoms and co-occurring conditions

Core elements of learning/training (cont):

- ASD adapted risk assessment and risk management

Management and Service delivery
- Partnership work
- Specialist supervision skills, training and consultancy

Useful resources:

Clinicians Toolkits
www.ASDinfoWales.co.uk/clinicians-toolkit-children
www.ASDinfoWales.co.uk/clinicians-toolkit-adults

Practitioner Toolkits
www.ASDinfoWales.co.uk/practitioner-toolkit-support-and-interventions-for-children-with-asd
www.ASDinfoWales.co.uk/practitioner-toolkit-support-and-interventions-for-adults-with-asd

SIGNS of Autism
www.ASDinfoWales.co.uk/recognise-asd-child
www.ASDinfoWales.co.uk/recognise-asd-adult

E-learning for Health and Social Care Professionals
www.ASDinfoWales.co.uk/asdaware-practitioner-children
www.ASDinfoWales.co.uk/asdaware-practitioner-adults

E-Learning for Dentists
www.ASDinfoWales.co.uk/videos-for-professionals

E-learning for GPs
www.ASDinfoWales.co.uk/videos-for-professionals

Expertise in Autism

Definition:

I regularly conduct complex behavioural assessment and offer differential diagnostic opinions of complex cases as well as training and supervising others in diagnosis.

I am likely to work in a specialist service or to be taking responsibility for expert diagnostic assessment and management of other staff working in this area within my service or other generic services in the area.

I am likely to offer autism training and consultancy to a range of staff and services.

I write detailed multi-element support plans and provide expert opinions of complex cases as well as training and supervising others in evidence based adapted ASD clinical interventions in the context of a limited existing evidence base.

I am likely to work in a specialist service or to be taking responsibility for expert clinical interventions and management of other staff working in this area within my service or other generic services in the area.

Knowledge level needed:

- Range of screening and assessment tools; risk assessment; differential diagnosis; co-occurring conditions

- Current scientific evidence

- Trainer qualification; consultancy and supervision

- Adapted risk assessment; differential diagnosis; co-occurring conditions, multi-element evidence based intervention

Core elements of learning/training:

How autism is defined and diagnosed
- Diagnostic systems and criteria
- Screening and diagnostic tools for autism
- Outcome and signposting to more specialist services

Co-occurring conditions and differential diagnoses
- Co-occurring conditions: neurodevelopmental, mental health conditions, medical conditions/genetics
- Individual profiles in autism
- Impact on individual and family in relation to complex and co-occurring conditions
- Associated factors: sensory processing and sensory interventions

Core elements of learning/training (cont):

Intervention and support
- UK and Welsh guidelines for management, support and intervention
- Post diagnostic support needs for highly complex presenting problems for individuals, families, and carers
- Person centred approaches
- Psycho-social interventions for complex presentations across the lifespan for core ASD symptoms and co-occurring conditions
- Evidence-based intervention and support in relation to adapted working practices and physical environments
- Specialist risk assessment and risk management within legislative and policy framework

Management and Service delivery
- Multi-agency Partnership work
- Specialist supervision skills, training and consultancy
- Planning of service delivery
- Capacity building

Training others to screen, assess and diagnose
- Consulting and supervising on assessment and diagnosis

Useful resources:

Clinicians Toolkits
www.ASDinfoWales.co.uk/clinicians-toolkit-children
www.ASDinfoWales.co.uk/clinicians-toolkit-adults

Practitioner Toolkits
www.ASDinfoWales.co.uk/practitioner-toolkit-support-and-interventions-for-children-with-asd
www.ASDinfoWales.co.uk/practitioner-toolkit-support-and-interventions-for-adults-with-asd

Signs of Autism
www.ASDinfoWales.co.uk/recognise-asd-child
www.ASDinfoWales.co.uk/recognise-asd-adult

Useful Resources

ASD Aware Scheme

This generic E-learning scheme provides a basic overview of autism and is supported by a certification scheme. Individuals can undertake the scheme here:

www.ASDinfoWales.co.uk/ASDaware

ASD Aware Organisation

and organisations can sign up to being an autism aware organisation here:

www.ASDinfoWales.co.uk/asd-aware-organisations

Can You See Me? Scheme

This scheme aims to improve understanding (and therefore access) across all community provision. Targeted information for a range of businesses and services (such as high street shops, supermarkets, leisure and social activities, hairdressers, banks etc.) help staff to recognise when someone has autism and to adapt their approach accordingly. Individuals with autism are provided with resources to enable them to let others know they have autism.

More information can be found at:

www.ASDinfoWales.co.uk/can-you-see-me

Autism Awareness for Leisure Providers

This scheme aims to increase knowledge and awareness of the needs of individuals with autism amongst those Supporting Children and Adults with Autism to Access Sports and Leisure Activities. The scheme includes an e-learning resource available in PowerPoint or PDF formats, alongside a certification scheme. The resource is free to access via:

www.ASDinfoWales.co.uk/leisure-staff

Working with Autism

The scheme aims to increase knowledge and awareness of the needs of individuals with autism amongst those who are supporting them to secure employment. The scheme includes e-learning resources available in video, Powerpoint or PDF formats, alongside a certification scheme. The resources are free to access via:

www.ASDinfoWales.co.uk/working-with-autism-scheme

Working with Autism HR Scheme

The scheme aims to increase knowledge and awareness of the needs of individuals with autism in the work place. It overviews the difficulties individuals with autism experience in the work place and provides advice on how HR professionals / employers can make the workplace more accessible. The scheme includes an e-learning resource available PowerPoint or PDF formats, alongside a certification scheme. The resources are free to access via:

www.ASDinfoWales.co.uk/positive-about-working-with-autism-hr-scheme

Learning with Autism – Early Years

A whole setting training programme, including a self-evaluation tool based on the Estyn and CSSIW inspection framework, a training video, a guide for early years settings, children's 'Teifi and Friends' cartoon and supportive resources is free to access and available here:

www.ASDinfoWales.co.uk/early-years

Learning with Autism – Primary School

A whole school training programme, including a self-evaluation tool based on the Estyn inspection framework, training videos, a guide for mainstream primary schools, children's 'Autism Superhero' scheme and supportive resources is free to access and available here:

www.ASDinfoWales.co.uk/primary-school

Learning with Autism – Secondary School

A whole school training programme, including a self-evaluation tool based on the Estyn inspection framework, training videos, a guide for mainstream secondary schools, pupil's 'Sgilti' animated film, and supportive resources is free to access and available here:

www.ASDinfoWales.co.uk/secondary-school

Useful Resources

Clinicians Toolkit

Toolkits based on NICE guidelines have been developed. The toolkits overview best practice and provide links to resources - you can find them here:

www.ASDinfoWales.co.uk/clinicians-toolkit-children

www.ASDinfoWales.co.uk/clinicians-toolkit-adults

E-Learning for Dentists

An e-Learning certificated scheme for dentists working with children or adults with autism can be found here:

www.ASDinfoWales.co.uk/videos-for-professionals

E-learning for GPs

An e-Learning certificated scheme for GPs working with children or adults with autism can be found here:

www.ASDinfoWales.co.uk/videos-for-professionals

E-learning for Health and Social Care Professionals

An e-Learning certificated scheme for health and social care professionals working with children or adults with autism can be found here:

www.ASDinfoWales.co.uk/asdaware-practitioner-children

www.ASDinfoWales.co.uk/asdaware-practitioner-adults

Practitioner Toolkit

A toolkit based on NICE guidelines for the support and management of children and adults with ASD, along with useful links and resources is available here:

www.ASDinfoWales.co.uk/practitioner-toolkit-support-and-interventions-for-children-with-asd

www.ASDinfoWales.co.uk/practitioner-toolkit-support-and-interventions-for-adults-with-asd

SIGNS of Autism

Within the toolkit there is a specific section for referrers which includes tools, signs and symptoms of ASD along with sample referral forms and other resources. The direct link to this section is:

www.ASDinfoWales.co.uk/recognise-asd-child

www.ASDinfoWales.co.uk/recognise-asd-adult