**Theme 1: Healthier Shopping Baskets - Making the Healthy Choice the Easy Choice**

**Q1.** We want to introduce a law to stop promotions for unhealthy foods that are high in fat, sugar, and salt. This includes:

● temporary price reductions (like this week’s offer)

● multi-buy offers (like buy one get one free)

● volume offers (like meal deals)

**Do you think this is a good idea?**

Yes/No/Don’t know

Why?

**Q2.** We want to stop unhealthy foods being placed at store entrances, checkouts, aisle ends, or free-standing display units.

**Do you think this is a good idea?**

Yes/No/Don’t know

Are there any other places?

**Q3. Which option should we focus on:**

Option A Things that most affect children’s health and weight?

Option B All Products high in fat, sugar, or salt?

Why?

**Q4.** Lots of people buy food online and get it delivered. If we make these changes, we want the law to include online food shopping.

**Do you think this is a good idea?**

Yes No Don’t know Why?

**Q5.** limits on promotions should not affect

● small businesses (below 50 staff)

● close to use-by-date price reductions

● non pre-packed products.

**Do you think this is a good idea?**

Yes No Don’t know Why?

**Q6.** laws about placement of less healthy foods should not affect

● small businesses (below 50 staff)

● stores that are smaller than 2,000 square feet (about the size of a tennis court)

● specialist retailers.

**Do you think this is a good idea?**

Yes No Don’t know Why

**Theme 2: Healthier Eating Out of the Home – Understanding how it contributes to your weight**

**Q7.** We want to have calorie labelling on food we eat out or take home.

**Do you think this is a good idea?**

Yes No Don’t know Why?

**Q8.** Information about calories should:

● be clear and easy to find

● use calories (Kcal), as that’s what most people understand

● refer to the ‘recommended daily amount’ to help people know how much to eat across the day.

**Do you think this is a good idea?**

Yes/No/Don’t know

Why?

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**Q9. Should these rules include online food and drink deals too?**

Yes/No/Don’t know

Why?

**Q10. Should children’s menus be free from having to show calories?**

Yes No Don’t know Why?

**Q11. Should businesses have menus without calorie labelling available?**

Yes No Don’t know Why?

**Q12.** We want to stop free refills of sugary soft drinks.

**Do you think this is a good idea?**

Yes No Don’t know Why

**Q13. Should we ban larger servings (over one pint or 570ml) of sugary soft drinks?**

Yes No Don’t know Why?

**Q14.** These new rules will affect all restaurants, cafes, and takeaway businesses no matter what size they are. These rules won’t affect charities or events run to raise money or places such as schools or care homes where there are already rules in place.

**Do you think this is a good idea?**

Yes No Don’t know Why

**Q15.** There are some menu items that we wouldn’t expect to be labelled. Things like:

● pre-packed food that already has the calories printed on it

● tomato ketchup, mayonnaise and other things people add to their food

 ● fresh fruit and vegetables

**Do you think this is a good idea?**

Yes No Don’t know Why

**Theme 3: Healthier food environments- shifting the balance**

**Q16.** We want to support local action to create communities where the healthy choice is the easy choice.

**What support and things could we put in place so you have more healthy options in your local areas?**

**Q17.** We want to limit the number of takeaways in towns and close to schools and colleges.

**Should we look at changing the way planning decisions are made to limit the number of takeaways in communities and close to secondary schools and colleges?**

Yes No Don’t know Why

**Q18. What else would help make the healthy food choice the easy choice in your life?**