



## Inspection Report

**Little Angels Flying Start Adamsdown**

**Adamsdown Community Centre  
Metal Street  
Cardiff  
CF24 0LZ**



**Date Inspection Completed**

13/05/2021

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## About Little Angels Flying Start Adamsdown

Type of care provided	Children's Day Care Sessional Day Care
Registered Provider	LITTLE ANGELS FLYING START NURSERIES LTD
Registered places	40
Language of the service	English
Previous Care Inspectorate Wales inspection	<a href="#">This is the first inspection since registration.</a>
Is this a Flying Start service?	<a href="#">Yes</a>
Does this service provide the Welsh Language active offer?	No

<a href="#"><u>Well-being</u></a>	<b>No Rating Required</b>
<a href="#"><u>Care and Development</u></a>	<b>No Rating Required</b>
<a href="#"><u>Environment</u></a>	<b>No Rating Required</b>
<a href="#"><u>Leadership and Management</u></a>	<b>No Rating Required</b>

For further information on ratings, please see the end of this report

### **Summary**

This is an inspection undertaken during the Covid 19 pandemic, therefore we have focused on the priority areas for this service and not the full quality framework.

Children have excellent opportunities for play and learning within a nurturing and responsive service. They settle very well and are comfortable and at ease within their surroundings. They engage appropriately with other children and staff and make strong connections and friendships. A good staff team have excellent knowledge of the children's needs and work closely with parents and other professionals. The environment is well-resourced indoors and outdoors. Leadership and management of the service is excellent, there is a clear vision for the service and the management team supports all staff to do their jobs well.

Children are consistently encouraged to make their own decisions about how they spend their time at the service. They are able to choose from a variety of stimulating opportunities. Children's self-expression is encouraged and we observed staff carefully listening to children and showing an interest in their conversations and ideas. Children are given appropriate time to answer questions and receive encouragement which acknowledges and values their attempts at communication.

Children are very content, happy and valued. They develop strong attachments with key workers and they are comfortable to approach familiar people when they need help or reassurance. Children gain a sense of security from being familiar with the routine of the service. Some routines have been adapted slightly due to the Covid-19 pandemic. They are beginning to form friendships with others and we saw children happily playing together with the activities on offer to them.

Children play well together and are learning to share and co-operate. We saw children patiently waiting their turn when an activity table was full. Children sat happily together and were reminded by staff to use please and thank you. Where children were playing alone, they were content and soon joined by other children and staff in their games. Children seek out staff members for comfort or to celebrate success and bonds of trust are evident.

Children have excellent opportunities to develop new skills with the play and learning experiences provided. The children are curious and engaged learners who value the chance to explore the environment. The emphasis is on free play but there are also structured, adult led activities which children participate in and enjoy. For example, children can also play independently, such as in the small play area or the cosy den.

Children have excellent opportunities to develop self-help skills. They are confident to follow their own interests and seek out activities that interest them. Children are encouraged to do things for themselves. They take pride in doing so and are given time to carry out their chosen activities. Children are able to access aprons for messy play and some children can put these on independently. The English language is used throughout the session, however we heard limited incidental Welsh being used.

## Care and Development

## No Rating Required

Staff have an excellent working knowledge of the policies and procedures in place to keep children safe and healthy. Child protection is managed very well and all staff have undertaken safeguarding training. Systems are monitored regularly and the management team and staff are vigilant and confident to pass on any concerns to the appropriate authority. Accidents and incidents are recorded and monitored regularly to identify any trends which need to be addressed to support children. Snack is served on a rolling basis where children are encouraged to eat in smaller groups. We saw that this worked well within the session. Acting as good role models, staff encourage children to be kind to each other, to help tidy up, and they sit with them for their snacks to promote their social skills.

Staff are motivated, well qualified and keen to effectively promote children's development. They communicate with each other consistently and are aware of their individual roles in delivering nurturing, responsive care. Children's personal needs are attended to promptly and they are treated with respect and they are valued as individuals. They are mindful of the age, stage of development and any personal experiences which might affect children's feelings and behaviour. Staff plan a good range of interesting activities based on the principles of the Foundation Phase. Key workers monitor children's progress well with regular observations and developmental progress tracking systems. They are nurturing and consistent in their approach and provide realistic boundaries for children to follow. Staff have undertaken a number of training courses which allows them to support the children confidently. They deal with children's interactions sensitively and with exceptional skill. Staff kneel down to the children's level and use calm voices to guide them. Staff set up and pack away the setting daily, taking into account the children's individual interests.

Children's learning and development needs are based upon assessments and targets. Children with additional needs have specific plans individualised to their needs. Staff carry out communication assessments along with observations which are kept in individual journals documenting the children's time at the service.

## Environment

## No Rating Required

People who run the service ensure security systems are managed well and children are unable to exit the premises unattended. All visitors are asked to sign in and out of the visitor's book and a robust Covid-19 safety questionnaire is completed. Risk assessments are in place for all areas and activities. The environment is checked visually before the children arrive daily and any issues are reported to management and/or the committee of the community centre. Infection control is managed effectively and the service keeps up to date with current Public Health Wales guidance. Due to current Covid-19 guidance, parents are not allowed to enter the premises, therefore staff record arrival and departure times of each child. We saw evidence of which showed gas and electric systems are serviced regularly.

The environment is attractive, welcoming, child centred and provides rich surroundings for children's play and learning. The ceilings are high in the main play area however staff and children enjoy creating dens in order to make smaller, cosier areas. There is free flow access to the outdoor area throughout the session and is available in all weathers. Activities are well organised, equipment and resources are accessible to encourage curiosity, awe and wonder. We saw children enjoying playing with real vegetables in the role play area, chopping mushrooms in the outside kitchen and shredded wheat to enhance their small world farm play. The indoor space is used flexibly, with low-level tables and chairs used for eating and drinking as well as for activities. The toilet facilities are clean and easily accessible for children to use independently. The premises benefits from good natural light and there is space for confidential conversations between staff or with parents to take place within the building. The service is committed to using natural materials as much as possible and the use of linen, hessian and wood is attractive and appealing to the children. The environment is uncluttered and any broken resources are discarded. Children's work is displayed on the walls which provides them with a sense of belonging at the service.

## **Leadership and Management**

**No Rating Required**

Leadership is proactive and the service is very well managed. The person in charge is experienced in this field and provides good daily support to the staff team, who are well qualified and knowledgeable. There is a clear statement of purpose in place which provides an accurate picture of the service and is available for parents to read. We found that the person in charge, the management team and the registered individual work together well. All systems and procedures follow the regulations and the National Minimum Standards. The service respects and protects personal information and is registered with the Information Commissioners Office. All mandatory staff training including safeguarding and food hygiene are up to date.

Observations and discussions take place daily to assess and evaluate any improvements needed from the child's point of view. Children are involved in decision making throughout the session. There is a complaint policy although no complaints have been received. The annual quality of care report is up to date.

Staff are deployed effectively and are clear about their responsibilities. They told us they feel supported by the management team and they have the skills and training to enable them to carry out their roles to a high standard. Staff receive regular one to one supervisions with their line manager. We looked at staff files and found all the information needed to ensure us that suitable staff are employed.

Leaders have developed good partnerships with parents and other agencies. We spoke with parents and carers who spoke very highly of the service. Parent told us how happy their children are to attend and how supportive the staff team are to them and their families. This included staff helping parents to get more support at home arranged through the Flying Start services.

Children benefit from the service being operated as part of the Flying Start programme.



## **Recommendations to meet with the National Minimum Standards**

R1. Increase the use of incidental Welsh throughout the session.

**Areas for improvement and action at, or since, the previous inspection. Achieved**

**Areas for improvement and action at, or since, the previous inspection. Not Achieved**

None	
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**Areas where priority action is required**

None	
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**Areas where improvement is required**

None	
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Ratings	What the ratings mean
<b>Excellent</b>	These are services which are committed to ongoing improvement with many strengths, including significant examples of sector leading practice and innovation. These services deliver high quality care and support and are able to demonstrate that they make a strong contribution to improving children's well-being
<b>Good</b>	These are services with strengths and no important areas requiring significant improvement. They consistently exceed basic requirements, delivering positive outcomes for children and actively promote their well-being.
<b>Adequate</b>	These are services where strengths outweigh areas for improvement. They are safe and meet basic requirements but improvements are required to promote well-being and improve outcomes for children.
<b>Poor</b>	These are services where important areas for improvement outweigh strengths and there are significant examples of non-compliance that impact negatively on children's well-being. Where services are poor we will take enforcement action and issue a non-compliance notice

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