



# Childcare Inspection Report on

**Cylch Meithrin Ffrindiau Bach Yr Enfys**

**Canolfan yr Enfys  
Stryd Napier  
Cardigan  
SA43 1EH**

**Mae'r adroddiad hwn hefyd ar gael yn Gymraeg**

**This report is also available in Welsh**



**Date Inspection Completed**

22/01/2020

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<b>Ratings</b>	<b>What the ratings mean</b>
<b>Excellent</b>	These are services which are committed to ongoing improvement with many strengths, including significant examples of sector leading practice and innovation. These services deliver high quality care and support and are able to demonstrate that they make a strong contribution to improving children's well-being
<b>Good</b>	These are services with strengths and no important areas requiring significant improvement. They consistently exceed basic requirements, delivering positive outcomes for children and actively promote their well-being.
<b>Adequate</b>	These are services where strengths outweigh areas for improvement. They are safe and meet basic requirements but improvements are required to promote well-being and improve outcomes for children.
<b>Poor</b>	These are services where important areas for improvement outweigh strengths and there are significant examples of non-compliance that impact negatively on children's well-being. Where services are poor we will take enforcement action and issue a non-compliance notice

## Description of the service

Cylch Meithrin Ffrindiau Bach yr Enfys was registered in October 2018 and provides full day care service for a maximum of 32 children. The service operates from an integrated centre 'Canolfan yr Enfys' based in the market town of Cardigan and is open between the hours of 9:00am and 3.15pm, Monday to Friday, term time only. The language of the service is Welsh. The responsible individuals on behalf of the registered organisation are Gwenllian Lansdown-Davies and Leanne Marsh. The person in charge is Karen Holmes.

## Summary

Theme	Rating
<a href="#">Well-being</a>	Good
<a href="#">Care and Development</a>	Good
<a href="#">Environment</a>	Good
<a href="#">Leadership and Management</a>	Good

### 1. Overall assessment

Children are happy, settled and feel comfortable and secure at this service. The children are active and curious learners and they engage in play-based activities. The service's policies and procedures promote the children's well-being and staff provide a nurturing and caring atmosphere. Children are cared for in a safe, clean and secure environment where play areas are welcoming. Leaders communicate their vision for the service well and actively support and challenge everyone to do their best; setting high expectations.

### 2. Improvements

This is the first full inspection following registration.

### 3. Requirements and recommendations

We have made some recommendations in relation to the environment. These are listed at the end of the report.

# 1. Well-being

Good

## Summary

Children make choices and decisions and are listened to. Communication is valued and children are encouraged to speak and express themselves. Children are happy and settled. Positive bonds of affection with staff have been formed. The children are beginning to understand their feelings and are becoming sensitive to others. They are active and curious learners and enjoy a variety of activities enabling them to become more independent.

## Our findings

Children have good opportunities to make choices and decisions about what affects them. When we arrived at the service we observed the children choosing which toys they wanted to play with. The children were free to roam through from one large room to the other and the doors to the outside were left open for access. Children enjoyed playing with blocks, puzzles, painting, playing with dollies and farm animals, and exploring in the small world area. They were confident communicators as their wants, needs and moods were considered. Children were encouraged to discuss their feelings on arrival to the service “Sut wyt ti'n teimlo heddi?” “Mr. Hapus.” “Mr. Grac.” Children who did not have Welsh or English as their first language were encouraged to use picture prompt cards as a means of expressing likes or dislikes.

Children are active and express enthusiasm and enjoyment. We witnessed children taking part in their fit in 5 session. Children were jumping over hurdles, balancing bean bags and hopping from one stepping stone to another. The children were keen and completed the circuit with smiles on their faces while being motivated by Welsh music. Interactions between the children and staff were consistently good. The children approached the staff for comfort and cuddles when they were upset.

Children have freedom to safely explore their indoor and outdoor environment. Children roamed freely between the two large indoor rooms and have opportunities to play outside if that's what they choose. One child thoroughly enjoyed role play while outside, and told us about his car; “oh no it's got a flat tyre again. Pump it up”.

Children have good opportunities to develop their independence skills enabling them to do things for themselves successfully and to problem solve well. During their physical activity, the children were able to independently help themselves to water from the small dispenser. Children were encouraged to wash their hands independently before snack time and then to eat sociably with their peers. After snack, the children were praised for bringing back their dirty plates and cups. “Da iawn, high five. Oh waw, diolch.” The children felt a sense of achievement and were keen to help the staff with their daily routine. Older children were able to serve themselves by pouring their own milk or water into the cups provided.

Children experience interesting age related opportunities that promote their all-round development and enable them to confidently follow their own interests.

## **2. Care and Development**

**Good**

### **Summary**

The service's policies and procedures for safeguarding and promoting children's well-being are implemented. Staff provide a nurturing and caring atmosphere and know, understand and meet the individual needs and abilities of the children. The service offers children with additional needs access to all areas of learning, integrating them into every aspect so that they can make progress.

## **Our findings**

Staff understand and implement policies to promote healthy lifestyles, physical activities, personal safety and well-being. Before their snack time, staff ensured children washed their hands using warm soapy water and dried them with paper towels. Staff used suitable gloves when preparing and handling the children's food. Staff gave reminders to children to cover their mouths when coughing or sneezing. Staff implement robust cleaning and good hygiene practices. When completing nappy changes staff implement the nappy changing policy successfully. Safeguarding is prioritised and nearly all staff have a very good understanding of their responsibilities to protect children. Staff responded confidently to given scenarios in the case of an allegation or disclosure against a child.

Nearly all the staff understand the behaviour policy and consistently implement behaviour management strategies. Staff intervened appropriately and calmly when there were conflict between children. The staff encouraged the children to share resources and to apologise when unkind hands or words were used. The staff were warm and friendly towards the children. During snack time, the staff sat around the table with the children and encouraged positive interaction. Staff were consistent in their approach to managing challenging behaviour.

Individual children's wants and needs are considered in a sensitive manner. The staff at the service know the children well. During snack time the staff were fully aware of children with allergies and a list was visible for us to view. The staff are aware of children's likes and dislikes and provided the children with an alternative to toast to those who didn't like it.

The service is implementing many initiatives including programme which saw the children learning to look after their teeth. The children who were attending the service for a full day were provided with a healthy lunch prepared at the local primary school following the Welsh Government's best practice guide to Food and Nutrition.

### **3. Environment**

**Good**

## **Summary**

Leaders ensure that children are cared for in a safe, clean and secure environment. The premises and outside play areas are secure, welcoming and friendly. At the service, there is sufficient space and facilities to meet the needs of the children. The layout and design of the environment promotes children's independence.

## **Our findings**

Leaders have ensured that the environment is safe, secure and well maintained indoors and outdoors. When we arrived, the premises was securely closed to the public. We were required to ring a bell and were greeted by a member of staff who gained access to the service via an electronic fob system. The premises is warm and inviting and is suitably decorated with the children's work visible throughout.

Leaders ensure that the environment has sufficient indoor play space for children to move freely. The play area consists of two large rooms with free flow from one to the other. The outdoor play space is used as often as possible, and the doors to the outside area were open and to the children as they wished. The staff at the service extend children's knowledge and development in the outdoors by offering a good range of resources, which stimulates their curiosity and interest. Children played on bikes, trikes and scooters; in the construction area and with water; as well as the swing and the slide. Children enjoyed playing in an excellent mud kitchen, which stocked a wide range and variety of resources including a variety of pots, pans, wooden spoons, soil and water.

During our visit, we viewed the art and craftwork of the children because they had been making cards to celebrate St Dwynwen's day. The staff told us they had been talking to the children about this special day to raise the children's Welsh cultural awareness. However, we did not see resources that promote diversity and equality.

The premises is welcoming, warm and accessible to all. The premises is well maintained with consistent and good heating and ventilation dependent on the temperature. Staff made daily checks of the environments temperature. This was recorded on a daily chart, which was visible on the walls of the playroom to all staff. The staff at the service organise regular cleaning routines that reflect good hygiene practices. Their good infection control practices minimise any risk to children's health and safety. Before using the outdoor equipment a member of staff ensured that all the resources outside were safe and clean for the children to use. All the resources were wiped down with a wet cloth and then dried. Children were encouraged to wash their hands with warm soapy water before all snack times, after using the toilet facilities and when returning from playing in the outside areas. Hands were dried with individual paper towels and disposed of suitably.

## **4. Leadership and Management**

**Good**

## **Summary**



Leaders effectively comply with all CIW regulations and meet the National Minimum Standards. Leaders promote safe practices and a culture of safety. Risk assessment and policies are robust at this service. Leaders actively encourage, support and challenge everyone to do their best, setting high expectations. Leaders ensure there is an effective system of staff supervision and appraisal that leads to agreed targets. The service is clear about its role and responsibilities and has established trust and clear communication between partners.

## **Our findings**

Leaders at this service have a definite vision for the service that they share with others. The statement of purpose is accurate and is a true reflection of what the service offers. During our visit, the leaders discussed with us their aim of working towards a quality assurance scheme with a national organisation. Leaders explained to us that they hold weekly staff meetings in order to gain ideas and discuss planning of activities for the children including next steps and the way forward. Staff at this service are happy at work. They felt well supported by leaders who set high expectations and actively encourage their teams.

Leaders ensure that staff are deployed well to ensure staffing ratios are met and children's needs are met. During our visit, we viewed children and staff registers, which clearly outlined that the service is ensuring more than sufficient staffing ratios. However, not all staff ensure they sign the register upon departure and return to the service. The service has employed staff to work 1:1 with individual children to ensure their needs are met fully.

Leaders set achievable expectations to promote improvement and good outcomes for children. There was consistent practice throughout the service and staff worked well as a team. Leaders have completed a quality of care review and had taken into account parents, staff and children's views.

Leaders told us that they have established excellent partnerships with parents, the local school and the community. Leaders have arranged visits to the local fire and ambulance station. They regularly visit the local library, residential care home and church. Staff from other services have visited the service in order to view and share good practice. Children have been provided with opportunities to go on trips to many different places such as the local nature reserve, wildlife park and farm.

Leaders follow timely and robust recruitment processes to safeguard children. They have good systems in place to update suitability checks as required. Staff informed us that leaders had implemented a good induction procedure and that performance management processes are good and encouraged the staff to attend a range of training.

## **5. Improvements required and recommended following this inspection**

### **5.1 Areas of non compliance from previous inspections**

None

### **5.2 Recommendations for improvement**

We recommended that leaders:

- ensure that all staff sign in and out of the service during their break times and
- invest in resources which develop and promote a multicultural environment and celebrates diversity.

## **6. How we undertook this inspection**

This was a full inspection undertaken as part of our normal schedule of inspections. Two inspectors undertook one unannounced visit to the service on the 22<sup>nd</sup> January 2020 for a total of four and a half hours. Feedback was given over the telephone on the 27<sup>th</sup> January for a total of 30 minutes. As part of the inspection we:

- observed children and the care being given to them by staff;
- spoke to leaders, staff, children, parents, careers and grand parents;
- looked at sample of documentation which included staff and children's registers, staff files, risk assessments, accident logs; and
- viewed the premises inside and outside.

Further information about what we do can be found on our website:

[www.careinspectorate.wales](http://www.careinspectorate.wales)

## 7. About the service

Type of care provided	Children's Day Care Full Day Care
Responsible Individual	Leanne Marsh Gwenllian Lansdown Davies
Person in charge	Karen Holmes
Registered maximum number of places	32
Age range of children	2 – 4 years
Opening hours	Monday to Friday, 9:00am – 3:15pm, term time only
Operating Language of the service	Welsh
Date of previous Care Inspectorate Wales inspection	This is the first inspection post registration
Dates of this inspection visit(s)	22 January 2020
Is this a Flying Start service?	Yes
Is early years education for three and four year olds provided at the service?	No
Does this service provide the Welsh Language active offer?	This is a service that provides the 'Active Offer' of the Welsh language. It provides a service that anticipates, identifies and meets the Welsh language and cultural needs of people who use, or may use the service.
Additional Information:	

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