

Inspection Report on

Y Gilwen

Caernarfon

Date of Publication

Thursday, 4 October 2018



Description of the service

Y Gilwen is located within a residential estate in Caernarfon. Care is provided within a large four bedroom house and two smaller bedsit type units which are adjacent to the house. The registered provider is Prestwood Residential Homes Ltd, and they are registered to provide care for up to six younger adults (aged between 18 and 64 years) with a learning disability and/or mental health (functional) needs. Anita Hughes is the registered manager and there is a responsible individual nominated on behalf of the company. On the day of the inspection five people were using the service.

Summary of our findings

1. Overall assessment

Action has been taken to respond to the areas within the environment we highlighted as requiring attention during the last inspection. The service has met compliance with The Care Homes (Wales) Regulations 2002 during this inspection.

2. Improvements

Since the last inspection the following improvements have been made:

- One bedsit has been refurbished, which provides a more pleasant living area.
- The driveway has been tarmacked, which makes it safer for people to walk upon.

3. Requirements and recommendations

We made no recommendations for improvements following this inspection.

1. Well-being

Summary

Improvements have been made to the general condition of the bedsit and to the driveway following the last inspection.

Our findings

Action has been taken to improve the general condition of a bedsit we had identified as requiring attention. During the previous two inspections we found one bedsit was in need of refurbishment, a notice of non compliance with the regulations was issued to the provider during the last inspection. The person who lived in the bedsit told us they were upset their living space was not as well maintained as the rest of the building and this was also affecting their mood. During this inspection the manager told us refurbishment work had been carried out at the bedsit, which included redecorating and the provision of new furniture. We spoke with the person who lived in the bedsit and they told us they were pleased with their improved living environment and they were now "happy". With the person's permission we viewed the bedsit and saw the walls were freshly painted and new furniture, including a sofa and a bed, had been provided. The pleasant environment contributes to people's sense of being valued and belonging.

Action has been taken to improve the safety of the surface of the driveway. During the previous two inspections we found the driveway entrance to be very uneven and a potential hazard to people's safety. A notice of non compliance with the regulations was issued to the provider during the last inspection. During this inspection we saw the driveway had been tarmacked to provide people with an even and safer surface to walk upon. People live in a safe environment.

2. Environment

Summary

Our findings

We have considered the improvements made to the environment under the Well-being theme during this inspection. This was because we wanted to ascertain how the changes made since the last inspection have positively affected people's well-being.

3. Improvements required and recommended following this inspection

3.1 Areas of non compliance from previous inspections

•	The registered persons have failed to ensure the external grounds are suitable for and safe for use by, service users are provided and appropriately maintained.	24 (2) (o) The service has met compliance during this inspection.
•	The registered persons have failed to ensure all parts of the care home are kept reasonably decorated.	24 (2) (d) The service has met compliance during this inspection.

The service has met compliance with Regulation 24 (2) (o). This is because we saw the driveway had been recently tarmacked which provided people with an even surface to walk upon.

The service has met compliance with Regulation 24 (2) (d). This is because we saw the bedsit had been refurbished to provide the person with a comfortable and well maintained environment to live in.

3.2 Recommendations for improvement

We made no recommendations for improvements following this inspection.

4. How we undertook this inspection

This unannounced inspection was completed on the 2 August 2018 between 14:25 am and 15:00 pm. The inspection focused upon testing the service's compliance with previously identified non compliance within The Care Homes (Wales) Regulations 2002. Feedback was provided to the manager at the end of the inspection. The following methods were used:

- · We spoke with:
 - one person who was using the service
 - the manager.
- We viewed the driveway and one bedsit.

Further information about what we do can be found on our website: www.careinspectorate.wales

About the service

Type of care provided	Adult Care Home - Younger
Registered Person	Prestwood Residential Homes Ltd
Registered Manager	Anita Hughes
Registered maximum number of places	6
Date of previous Care Inspectorate Wales inspection	20, 23 & 25 April 2018
Dates of this Inspection visit(s)	02 August 2018
Operating Language of the service	English
Does this service provide the Welsh Language active offer?	Yes, this service is working towards providing the Welsh Language offer. This means people are able to partially receive a service in Welsh, without having to ask for it.
Additional Information:]